

Our catering departments...

Aim to use the freshest ingredients possible to develop a healthy nutritional menu for our children.

We source local produce wherever possible to reduce our carbon footprint by cutting down on our food miles.

If your child has any dietary requirements please do not hesitate to contact the cook to speak about this as we endeavor to serve all the children a healthy balanced diet.

Please note that occasionally accompaniments may differ from the menu because of seasonality or deliveries.

Flexibility  
**GFM**  
Partnership Innovation  
Service

## Served Daily



Freshly baked bread

Fresh fruit



Yoghurts

Vegetables



Fresh Salads

Water



Peanuts



Nuts



Crustaceans (Shellfish)



Molluscs (Shellfish)



Fish



Eggs



Milk



Cereals containing Gluten



Soya



Sesame seeds



Celery



Mustard



Lupin



Sulphur Dioxide

# SCHOOL LUNCH Menus



## Week One Week commencing:

:13/11 :04/12 :08/01 :29/01 :26/02 :19/03

MONDAY

1. Homemade margherita pizza
  2. Jacket potato, with baked beans (to order only)
- Dessert :- Fruit Jelly & ice cream

Potato of the day: Potato wedges  
Vegetable of the day: Sweetcorn  
Bread of the day: Flat bread (Served with option 2 only)  
Salad of the day: Mixed lettuce leaves

TUESDAY

1. Toad in the hole & gravy
  2. Jacket potato with cheese (to order only)
- Dessert:- Orange drizzle sponge

Potato of the day: Mash  
Vegetable of the day: Carrots & green beans  
Bread of the day: Sliced white cob  
Salad of the day: Tomato and basil

WEDNESDAY

1. Roast Turkey and stuffing
  2. Jacket potato & tuna mayo (to order only)
- Dessert:- Chocolate mousse with banana slices

Potato of the day: Roast Potatoes  
Vegetables of the day: Cauliflower  
Bread of the day: Wholemeal bread  
Salad of the day: Carrot & cucumber sticks

THURSDAY

1. Beef cobbler
  3. Jacket potato with savoury cheese (to order only)
- Dessert:- Fruit trifle

Potato of the day: New potatoes  
Vegetable of the day: Medley of vegetables  
Bread of the day: Homemade sliced loaf  
Salad of the day: Iceberg lettuce and spring onion

FRIDAY

1. Breaded Fish
  2. Jacket potato with tuna & sweetcorn (to order only)
- Dessert:- Iced sponge and fruit coulis

Potato of the day: Chips  
Vegetable of the day: Garden peas  
Bread of the day: Bread fingers  
Salad of the day: Mixed salad

## Week Two Week commencing:

:20/11 :11/12 :15/01 :05/02 :05/03 :26/03

1. Chicken pasta marinara
  2. Jacket potato with tuna and sweetcorn (to order only)
- Dessert:- Jam & coconut sponge

Vegetable of the day: Broccoli  
Bread of the day: Wholemeal cob  
Salad of the day: Mixed leaf with cucumbers

1. Handmade beef burgers
  2. Jacket potato with mild cheddar cheese (to order only)
- Dessert:- Individual Victoria sponge

Potato of the day: Potato wedges  
Bread of the day: Floured bap or garlic bread  
Salad of the day: Cos lettuce and cheese  
Vegetable of the day: Sweetcorn

1. Roasted pork loin & Yorkshire pudding
  2. Jacket potato served with tuna mayo (to order only)
- Dessert:- Lemon cookies

Potato of the day: Mashed Potatoes  
Vegetable of the day: Carrots and cabbage  
Bread of the day: Rosemary focaccia  
Salad of the day: Apple and beetroot

1. Beef lasagne
  2. Jacket potato with savoury cheese (to order only)
- Dessert:- Chocolate fudge cake

Vegetable of the day: Battered carrots  
Bread of the day: Garlic bread  
Salad of the day: Mixed leaf salad

1. Salmon nibbles
  2. Jacket potato with baked beans (to order only)
- Dessert:- Fruity muffins

Potato of the day: Chips  
Vegetable of the day: Garden peas  
Bread of the day: Homemade sliced white  
Salad of the day: Tomato & red onion salad

## Week Three Week commencing

27/11 :18/12 :22/01 :19/02 :12/03

1. Sausage & mash with gravy
  2. Jacket potato served with tuna & sweetcorn (to order only)
- Dessert:- Apple flapjack

Vegetable of the day: Carrots & peas  
Bread of the day: Garlic bread  
Salad of the day: Cucumber with coriander

1. Macaroni cheese
  2. Jacket potato with cheese (to order only)
- Dessert:- Eves pudding

Vegetable of the day: Sweetcorn  
Bread of the day: White bread rolls  
Salad of the day: Apple and celery mix

1. Roast silverside of beef & Yorkshire pudding
  2. Jacket potato with tuna mayo (to order only)
- Dessert:- Chocolate brownie

Potato of the day: Roast Potatoes  
Vegetables of the day: Carrots & cabbage  
Bread of the day: Homemade flat bread  
Salad of the day: Wholemeal bloomer

1. Chicken Korma & rice
  2. Jacket potato with savoury cheese (to order only)
- Dessert:- Arctic roll & fresh berries

Vegetable of the day: Sweetcorn  
Bread of the day: Naan bread  
Salad of the day: Minted cucumber and yoghurt

1. Fish fingers
  2. Jacket potato with baked beans (to order only)
- Dessert:- Fresh fruit salad

Potato of the day: Chips  
Vegetable of the day: Garden peas  
Bread of the day: Tomato & oregano  
Salad of the day: Mixed salad