

Remote learning tips for parents and carers



1. Take an active interest in your child's learning

Your school will have explained how remote education works, but children still need your help. Please take an active interest in their learning and help support them whenever they need a helping hand.



3. Establish a daily routine

Working from home and trying to learn in a more casual setting is taking some getting used to.

Try to stick to a routine and use the timetable or schedule schools have sent home to help children keep on top of their daily learning.



5. Choose the right background for video calls

Place your computer somewhere with a neutral background, with no personal information visible to the device's camera.



7. Only use official school communication channels

It's important that all communication with teachers and school staff is through approved channels – not through personal email addresses.



9. Maintain feedback with teachers

Where possible, try to feed back progress being made and observations you think might be helpful.



2. Behave as if you are at school

Please remind your child that despite being at home, the same level of behaviour and conduct exist as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.

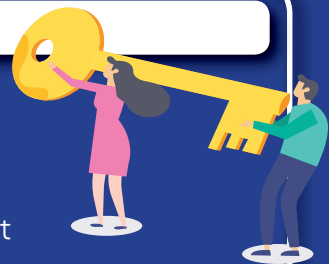
4. Have screen breaks and keep active

Even though there's a lot of work on the computer, and teachers will encourage screen breaks, make sure your child is taking time away from the screen to get some fresh air and exercise.



6. Implement safety controls

Filters have been applied to all devices loaned by our schools, but internet safety remains parents' or carers' responsibility. Despite our best efforts, some inappropriate images may sometimes appear in Google searches.



8. Familiarise yourself with relevant school policies

Remote education policies can be viewed on school websites. Please familiarise yourself with expectations of teachers and your child.



10. Monitor your child's wellbeing and mental health

This is a difficult time for everyone. Keep a check on your child's wellbeing and let us know if you have any concerns.

