



Self Harm Prevention Policy

Signed:

Date: February 2025

Review Date: February 2028

Review Period: Every 3 years
(By Local Governing Body)

Updated February 2025

Self-Harm Policy

Self-Harm Policy	Brotherton and Byram CP Academy	
Document Status	Ratified by LGB 10/2021	
Date of next review	November 2024	Responsibility Headteacher To be ratified by LGB
Success Criteria for review completion		Responsibility Headteacher Chair K Bratt
Date of Policy Creation	February 2025	Responsibility Headteacher
Date of Policy Adoption by Governing Body	February 2025	

Method of Communication (e.g. Website, etc.)	Website
---	----------------

1. Introduction and Context

1.1 Recent research indicates that up to one in ten young people in the UK engage in self-harming behaviours, and that this figure is higher amongst specific populations, including young people with special educational needs. School staff can play an important role in preventing self-harm, building resilience and supporting pupils, peers and parents of pupils currently engaging in self-harm.

2. Purpose

2.1 This document is a policy for staff working in this school who may be supporting pupils who self-harm.

3. Aims

3.1 To adhere to the NYCC Self-Harm Guidance protocol.

3.2 To develop outstanding practice within this school to help and support
Updated February 2025

pupils who self-harm.

4. Definition of Self-Harm

4.1 Self-harm is any behaviour where the intent is to deliberately cause harm to one's own body.

5. Roles and responsibilities

The Governing Body

5.1 The governing body has the legal duty to safeguard and promote the welfare of their pupils. There may be a nominated governor who has responsibility for safeguarding who will have an oversight for provision for pupils who self-harm.

The Headteacher

5.2 The Headteacher has responsibility for establishing effective safeguarding procedures with regard to self-harm, thereby ensuring the duty of care of pupils and staff.

Staff

5.3 Pupils may choose to confide in any member of school staff if they are concerned about their own welfare, or that of a peer.

Referral procedures are:

- Member of staff will inform the Headteacher (DSL) or DDSL in headteacher's absence.
- DSL will speak with head of Early Help if referral is non urgent.
- If referral is urgent and child is at risk of immediate significant harm, Social Care will be contacted directly by the DSL and a referral made.

5.4 This includes all staff being aware of the North Yorkshire pathway of support for children and young people who deliberately self-harm.

6. Training

6.1 Schools are recommended to access training regularly on self-harm. Staff giving support to pupils who self-harm may experience all sorts of reactions to this behaviour in pupils (e.g. anger, helplessness, rejection); it is helpful for staff to have an opportunity to talk this through with work colleagues or senior management.

6.2 Staff taking this role should take the opportunity to attend training days on self-harm or obtain relevant literature. Induction procedures for all staff, outlined below, will include training on Self-Harm, Child Protection

procedures and setting boundaries around Confidentiality.

7. Monitoring and Evaluation

7.1 The designated governor who has responsibility for safeguarding will monitor the systems yearly and following any incident of self-harm.

7.2 Policy to be reviewed: November 2024

By: Headteacher (DSL)

Updated February 2025